

# stake conf.

notes from calgary stake conference



capsule  
summaries  
inside

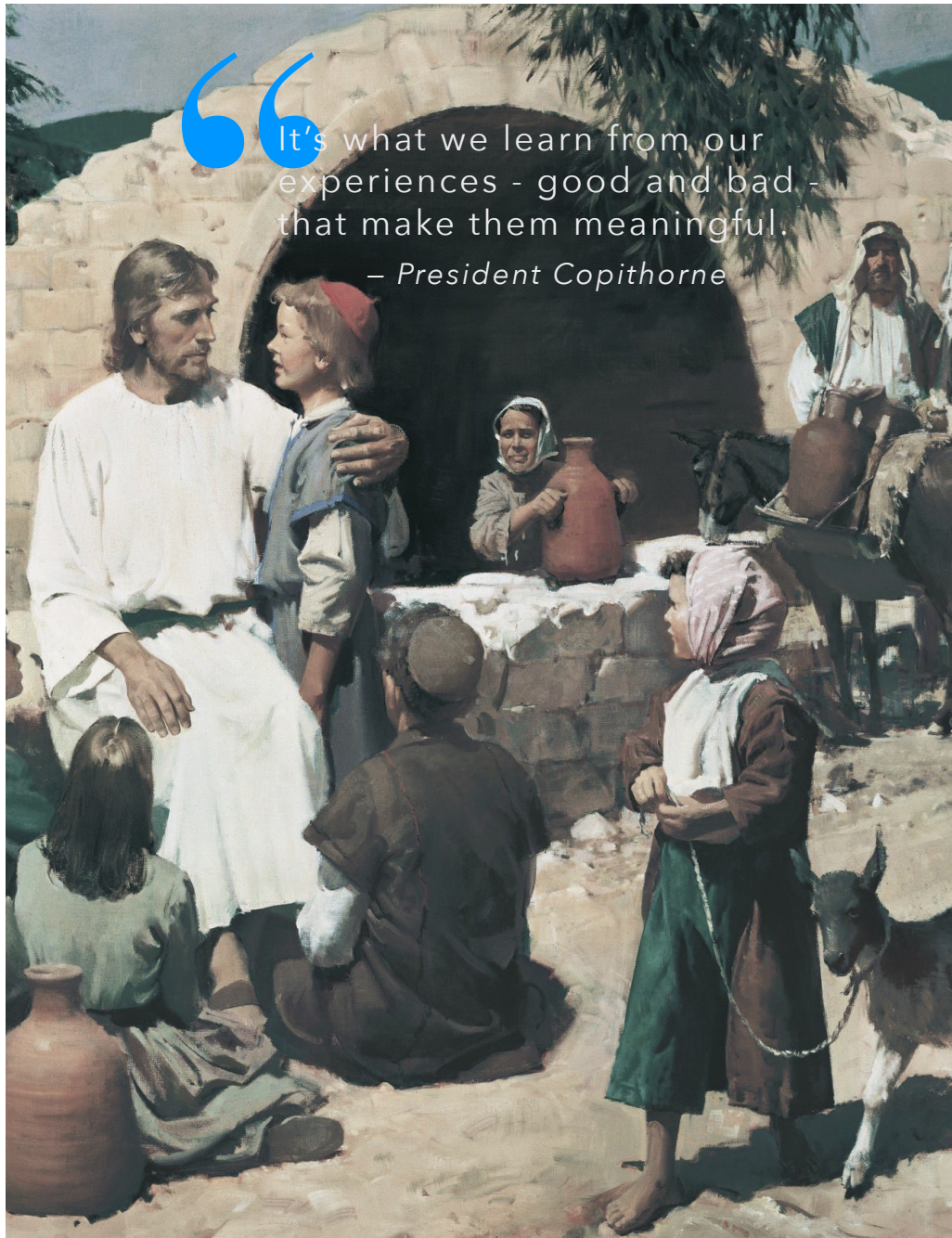
# GENERAL MEETING

Sunday, January 10th, 2021

## PRESIDENT W. ALAN COPITHORNE

FIRST COUNSELLOR, STAKE PRESIDENCY

It's what we learn from our experiences - good and bad - that make them meaningful. This is evident in a story of a young wife who was able to convince her husband to buy a car, under the condition that she would drive it as he didn't trust its safety. Out of necessity, the husband eventually agreed to "ride" the car by standing on the running boards so that he could bail if necessary. When they would hit a bump, he would jump off of the vehicle, often getting unnecessarily injured in the process. This tendency to "bail off" and put ourselves in danger is common in the Book of Mormon, especially in the examples of Laman and Lemuel. Instead of learning from the challenges they endured, they "bailed off" and became prideful and bitter toward the gospel. This is unlike the examples of Paul or King Lamoni, who demonstrated how repentance and continuous trust in the Lord can elevate our faith.



It's what we learn from our experiences - good and bad - that make them meaningful.

– President Copithorne

## CAROL GOUGH

The [Children and Youth program](#) is intended to help children and youth bring the gospel of Jesus Christ into all aspects of their lives, particularly their home. Parents and families play an important role in supporting children and youth through this program, and can offer support by encouraging growth, praying for guidance, expressing love, avoiding mistrust or embarrassment, and developing a relationship with their leaders and teachers. There are

three resources that parents may find helpful as they guide their children through the program:

- [Children and Youth of the Church of Jesus Christ of Latter-day Saints: An Introductory Guide for Parents and Leaders](#)
- [Personal Development: Youth Guidebook](#)
- The articles "[Children and Youth: Starting Strong](#)," and, "[Motivating the Rising Generations](#)" found in the January 2020 Ensign.



“When we keep the Saviour at the centre of our lives, we can feel joy and peace throughout our days.  
– Sergio Rodriguez

**PRESIDENT SERGIO O. RODRIGUEZ**

*SECOND COUNSELLOR, STAKE PRESIDENCY*

No matter what challenges and stressors we face in our lives, at the end of the day, everything will work out. This is because of the atonement of Jesus Christ. When we keep him at the centre of our lives, we can feel joy and peace throughout our days. Heavenly Father and Jesus Christ want to be involved in our lives, and love us unconditionally. We can rely on them to support and succour us in our trials. There are three things we can do to access the

transformative power of the Gospel of Jesus Christ:

1. Recognize that He is able, willing, and eager to help us in our lives.
2. Get to know Him as we read and study the scriptures, keep the commandments, and serve others.
3. We must strive to follow His example.

**CARRIE DUNNING**

How can we prepare to embrace the future with faith?

1. Create places of security in our homes and in our minds. Do we

allow peaceful, edifying thoughts to dwell? A holy place is where we can feel the influence of the Holy Ghost.

2. Prepare our minds to be faithful of the Lord. Seek truth! Seek learning from the best books.
3. Never stop preparing. When we do all we can, Heavenly Father will help us.

When we do these things, God will deliver us. He will speak peace to our souls and grant unto us great faith, and cause us that we can hope for our deliverance in him.



...charity  
encompasses all the  
attributes of Christ.  
– President Litchfield



## JOANNE DICKSON

*"I say unto you, be one. And if ye are not one, ye are not mine."*

What does this mean in the context of the gospel of Jesus Christ?

- Compassion can enlarge one's soul.
- Hearts can expand when we overlook the faults of others.
- The souls of men and women are precious.

At times, it can feel awkward to reach out to others, especially strangers. But if we follow our prompting to do so, we might discover that we can provide an answer to their prayers. A blessing of this vulnerability is an enlarged heart that allows us to feel continued promptings. By being compassionate, we can develop relationships, experience joy, and learn from the wisdom of others. By consciously giving others instant mercy, we can come to realize and rely on the instant mercy we receive from Heavenly Father.

## PRESIDENT DAVID LITCHFIELD

STAKE PRESIDENT, CALGARY STAKE

Our mortal experience is a time of testing and proving our obedience. The best and surest way to get anywhere is by using a map, and in our lives, this map is the gospel of Jesus Christ.

In striving to be a true disciple of Jesus Christ, we can be guided by His attributes. This will be our Stake focus for the year. By focusing on Christlike attributes, day-by-day, we may develop a relationship with Him and become more like Him. Our

studies in turn help us recognize that change is necessary and guides us along the process of repentance.

The attribute of charity encompasses all the attributes of Christ. Charity comes through the development of faith and hope in Christ, which are increased as we are humble and meek. Let us remember the invitation of the Saviour Himself, "Come, follow me," and "Be ye therefore perfect, even as your Father which is in heaven is perfect." To be perfect means to become complete, finished, and fully developed.

Charity is the culmination of all our strivings to be like Him.

I echo Mormon's plea to each of us: "Wherefore, my beloved brethren (and sisters), pray unto the Father with all the energy of heart, that ye may be filled with this love, which he hath bestowed upon all who are true followers of his Son, Jesus Christ; that ye may become the sons (and daughters) of God; that when he shall appear we shall be like him, for we shall see him as he is; that we may have this hope; that we may be purified even as he is pure."

## 2021 STAKE FOCUS

Strive daily to be a true disciple of Jesus Christ with a focus on the study and cultivation of Christlike attributes.



# JOIN US FOR OUR NEXT CALGARY STAKE CONFERENCE: JUNE 5-6, 2021



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2021 17th Ave. SW, Calgary, AB